



Board of Cooperative Educational Services  
www.capregboces.org  
Leaders for Educational Excellence

Employee Benefits Office - Management Services  
900 Watervliet-Shaker Road, Suite 102  
Albany, New York 12205  
Phone: (518) 862-4912 or 862-4913  
Fax: (518) 862-4949

**MEMORANDUM**

**TO:** Capital Region BOCES Retirees  
**FROM:** Anne L. Kennison and Nicole Yamin – Employee Benefits  
**SUBJECT:** e-BENEFITS ONLINE  
HEALTH PLAN INFORMATION  
HEALTH PLAN OPEN ENROLLMENT  
**DATE:** October 13, 2009

The Capital Region BOCES and Benetech will introduce and demonstrate e-Benefits, the new on-line health insurance system. The demonstration will include instructions to access and make changes to health benefit enrollment information. BOCES will provide retirees with computer terminal locations during the November open enrollment period to complete enrollment and change forms on-line via e-Benefits. Dates, times and locations for on-line access will follow shortly. In addition, retirees can access e-Benefits from any location via the internet.

During the month of November employees and retirees will be able to add or change coverage options.

The BOCES will conduct several informational sessions prior to the upcoming November 2009 open enrollment period. This will give employees and retirees the opportunity to ask questions and collect information on the different plans offered by BOCES. Account Representatives from NYSHIP/Medco, BS Community Blue (HMO), CDPHP, MVP, Medco, and Davis Vision will be available to answer questions.

**INFORMATION SESSIONS**

<u>Where</u>	<u>When</u>	
Albany Career and Technical School Capital Region BOCES 1015 Watervliet-Shaker Road Albany, NY 12205 Place: Building B – Dining Room	Friday, October 16 <sup>th</sup>	2:00 p.m. - 4:00 p.m.
Capital Region BOCES 900 Watervliet-Shaker Road Albany, NY 12205 Place: Albany/Schoharie Room	Monday, October 26 <sup>th</sup>	2:00 p.m. - 4:00 p.m.  Teleconference with the Plattsburgh Office will also be provided for this date
Schoharie Career and Technical School Capital Region BOCES 174 Route 30 A Schoharie, NY 12157 Place: Terrace Room	Tuesday, October 27 <sup>th</sup>	3:00 p.m. – 5:00 p.m.

Maywood School  
Capital Region BOCES  
1979 Central Avenue  
Albany, NY 12205  
Place: Gym

Wednesday, October 28<sup>th</sup>

3:00p.m. – 5:00 p.m.

*Option changes, enrollments and changes of dependent coverage will be permitted to/from NYSHIP, Blue Shield Community Blue (HMO), Capital District Physicians Health Plan (CDPHP) and Mohawk Valley Physicians (MVP). Changes in coverage will become effective January 1, 2010.*

**Reminder:** Medicare Part B is reimbursed ONLY if you elect the Empire Plan (NYSHIP) and is NOT reimbursed if you elect any other option.

The dependent coverage contribution rates include the medical and the prescription drug component for all plans. Prescription coverage for the HMO plans is with Medco and is self insured by the BOCES. The self-funded prescription drug cost is included in the contribution rates for the HMO plans.

**Retiree**

NYSHIP Family	Both Under 65	\$353.75 *
NYSHIP Family 1	1 Under 65 - 1 Over 65	\$353.75 *
NYSHIP Family 2	Both Over 65	\$229.88 *
NYSHIP surviving spouse (Medicare) 100% contribution		\$371.79 *
Blue Shield Community Blue		
HMO Medicare (see family rate)	Family	\$534.47
CDPHP Medicare (see family rate)	Family	\$422.69
MVP	Family	\$438.88

\* Approximate rates as of January 1, 2010

**Please Note: If you are not changing your health insurance coverage option, or adding dependents in a health insurance plan offered by BOCES, no action needs to be taken.**

Information and e-Benefits online enrollment instructions will be available during the informational sessions. **Computer banks will be available in November for on-line enrollment/changes. Watch for additional information.**

Individuals must complete the online enrollment form electronically through e-Benefits no later than **November 30, 2009**. Changes in coverage are effective January 1, 2010. Additional information may be obtained from Anne L. Kennison at 862-4912 or Nicole Yamin at 862-4913.

Attachments